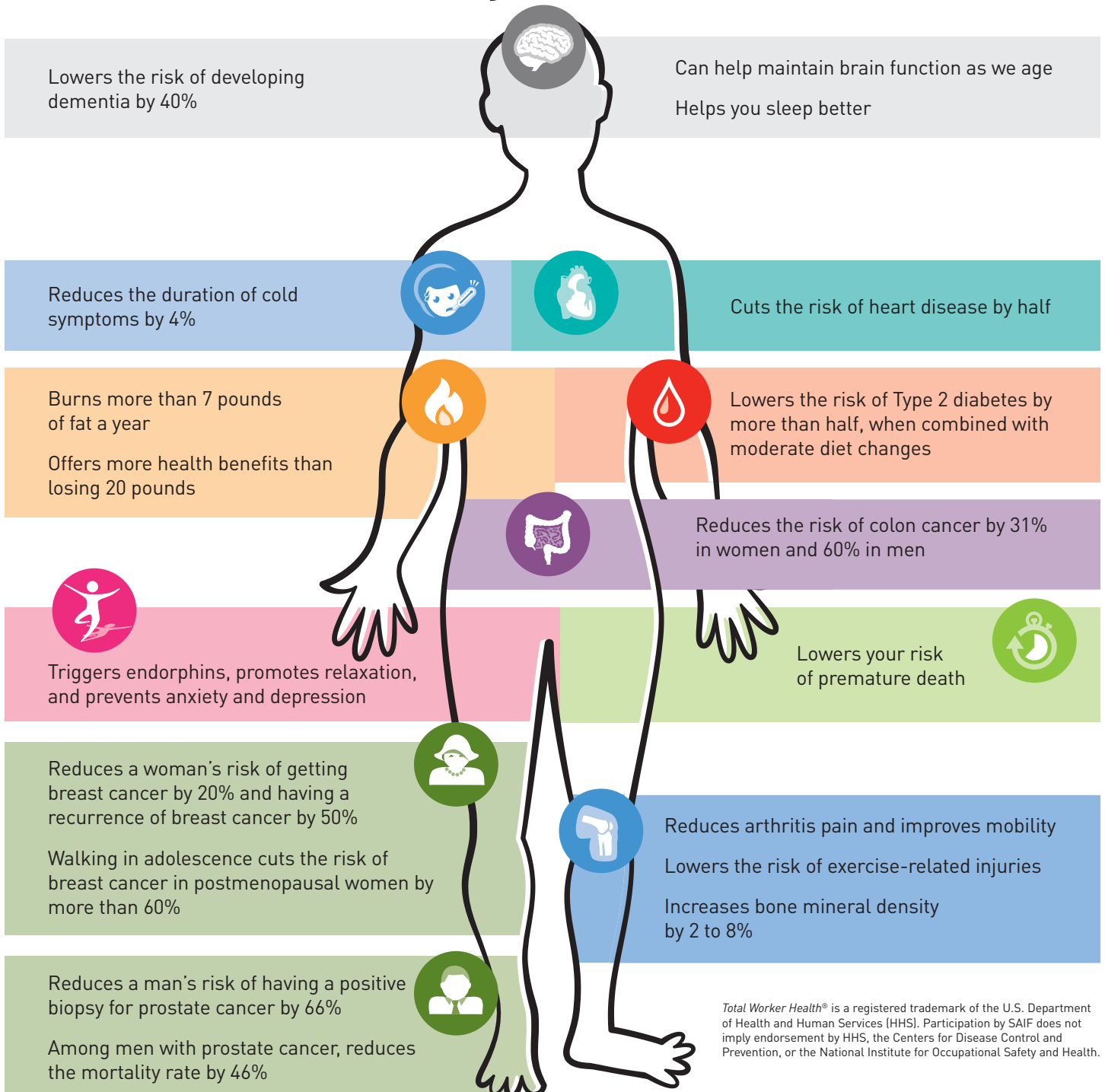


Total Worker Health®:

# WALK

## Walking 30 minutes a day, five days a week:



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