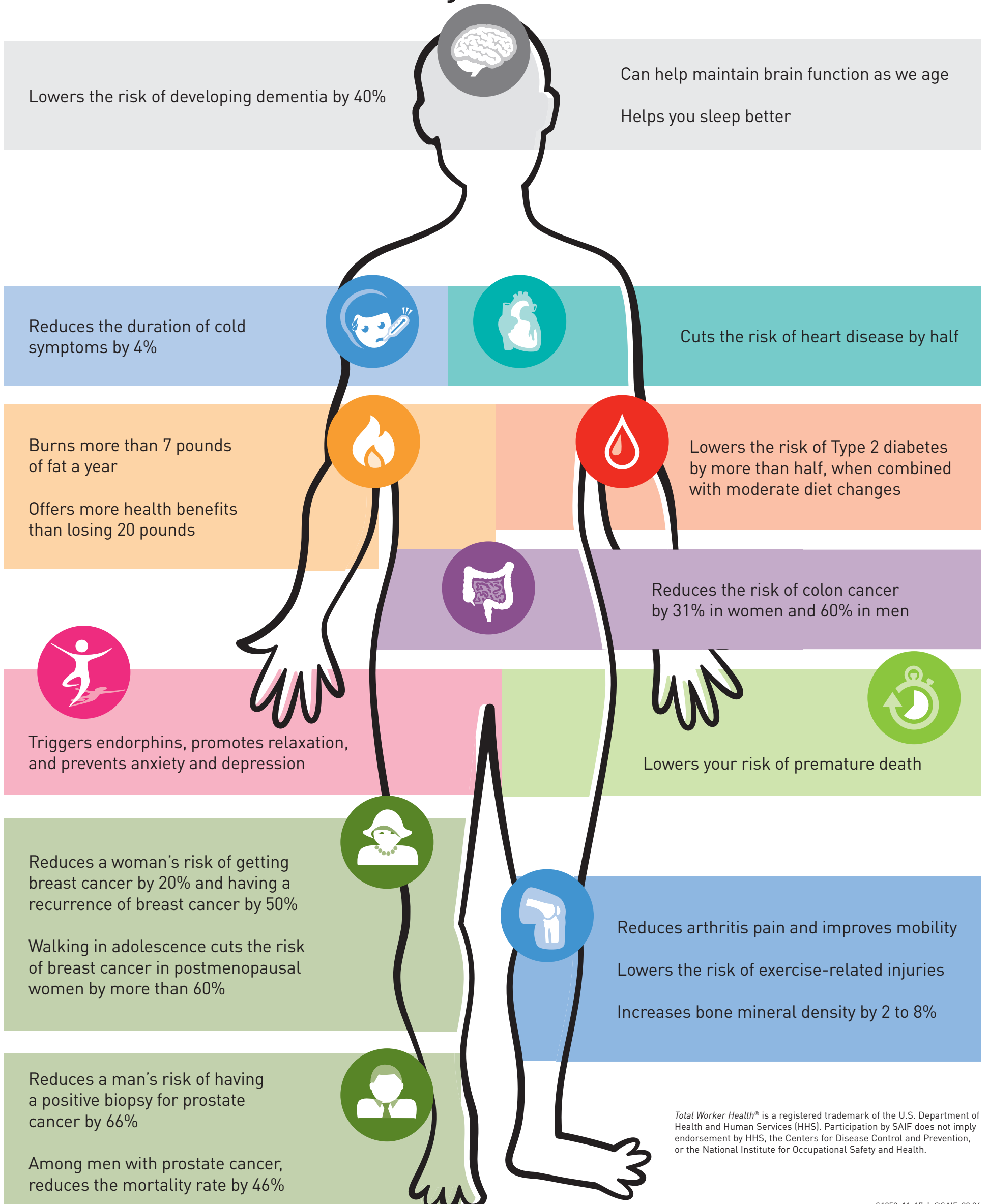


Total Worker Health[®]:

WALK

Walking 30 minutes a day,
five days a week:



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