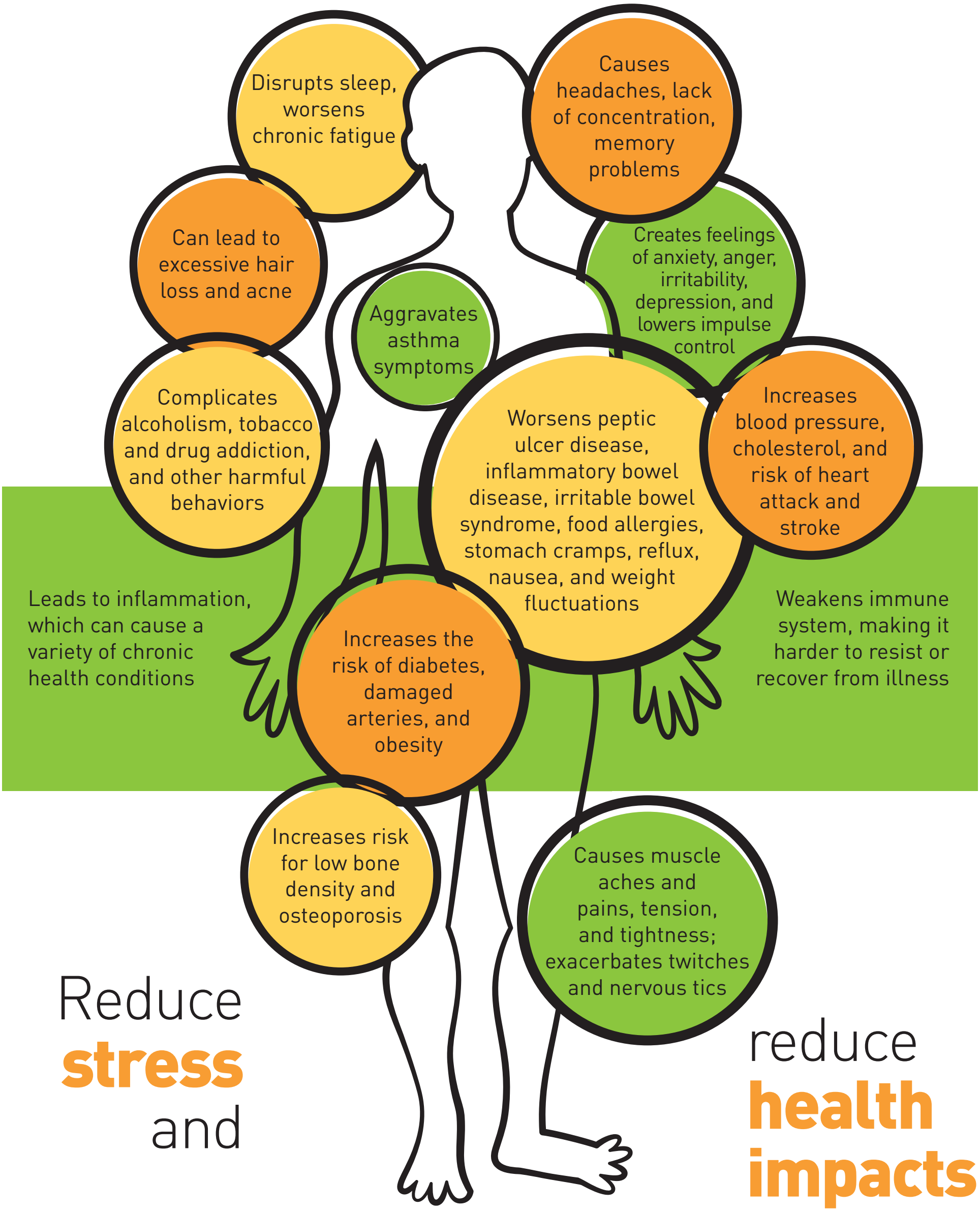
Total Worker Health®:

STRESS

What does **stress** do to you?



Reduce **stress** and reduce **health impacts**

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