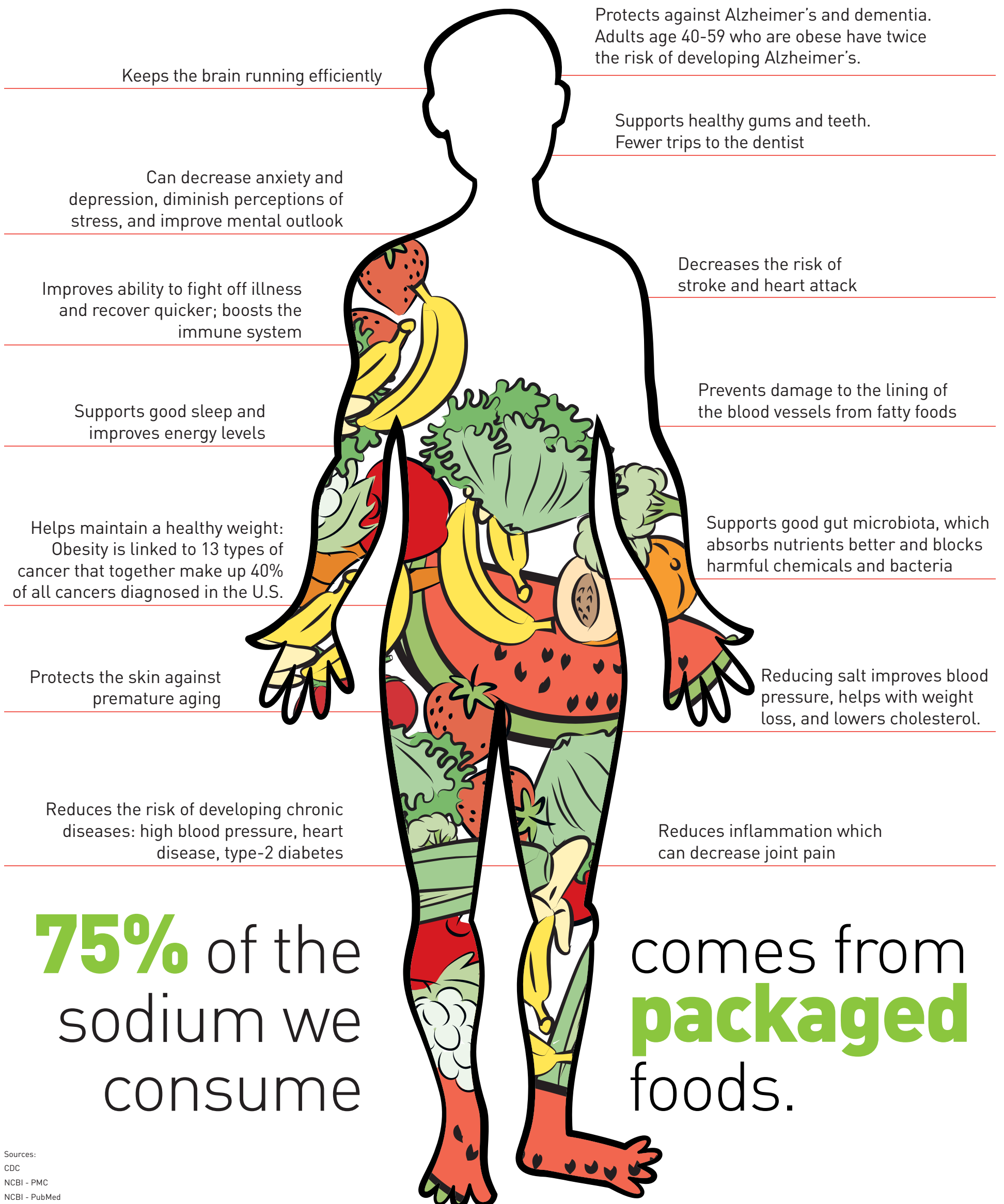


Total Worker Health[®]:

NUTRITION

What does **nutrition** do for you?



75% of the sodium we consume

comes from **packaged** foods.

Sources:
CDC
NCBI - PMC
NCBI - PubMed

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