Heat illness prevention How hot is it? What's the heat index?

Precautionary steps
Heat index above 80º Fahrenheit:

- **Train**
- **Provide shade**
- **Provide water**
- **Acclimatize workers**
- **Emergency medical procedures**

Precautionary steps
Heat index above 90º Fahrenheit:

- **All of the 80° precautions**
- **Increased communications**
- **Emergency services authorization**
- **Rest break procedures** (increases with heat index)

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Work. Life. Oregon.

Scan here for more information.

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