

Heat illness prevention

How hot is it? What's the heat index?

Precautionary steps

Heat index above 80° Fahrenheit:

| | |
|---|-------------------------------------|
|  | Train |
|  | Provide shade |
|  | Provide water |
|  | Acclimatize workers |
|  | Emergency medical procedures |

Precautionary steps

Heat index above 90° Fahrenheit:

| | |
|---|---|
|  | All of the 80° precautions |
|  | Increased communications |
|  | Emergency services authorization |
|  | Rest break procedures (increases with heat index) |



Scan here for more information.



<https://osha.oregon.gov/OSHPubs/factsheets/fs91.pdf>