

## MSHA silica mandatory medical surveillance exam calculator

Employee hire date (e.g MM/DD/YY)	Due date for initial mandatory exam	Date exam was actually taken (e.g MM/DD/YY)	Initial mandatory follow-up exam due date	Countdown in DAYS until follow-up exam due date	Date for second follow-up exam		
					Assuming there are abnormal findings at the initial mandatory follow-up exam, the 2nd mandatory exam due date is:		
					If there are no findings at the initial mandatory follow- up exam, the next exam window will be voluntary and start between:	to	



## MSHA silica voluntary medical surveillance exam calculator

Date of initial voluntary medical exam (e.g MM/DD/YY)	Months between initial exam and follow-up exam due date			Follow-up exam window*			Countdown in DAYS until follow- up exam is due
	42	to	60		to		

\*Follow-up exams must be done within a six month window. Six-month follow-up exam window begins no sooner than 3.5 years, but no later than 4.5 years, from last exam period. See fact sheet, medical surveillance document, and medical exam timeline for details.