

# Heat illness prevention

How hot is it? What's the heat index?





Precautionary steps

**Heat index above 80° Fahrenheit:**

	<b>Train</b>
	<b>Provide shade</b>
	<b>Provide water</b>
	<b>Acclimatize workers</b>
	<b>Emergency medical procedures</b>

Precautionary steps

**Heat index above 90° Fahrenheit:**

	<b>All of the 80° precautions</b>
	<b>Increased communications</b>
	<b>Emergency services authorization</b>
	<b>Rest break procedures</b> (increases with heat index)



Scan here for more information.



<https://osha.oregon.gov/OSHPubs/factsheets/fs91.pdf>