



## How confidential is my health assessment information?

***If you are worried about SAIF having access to your health information, you don't need to be.***

It's understandable that you might be worried that your personal health information on the health assessment form might not be confidential. Don't worry. We have worked with the Health and Wellness Center to make sure this information is absolutely confidential.

### **All data SAIF receives is anonymous.**

In compliance with your HIPAA rights, the center will send us anonymous information at the end of the campaign, compiled from the total data collected from those at SAIF who took the assessment. This data **does not** contain any employee names, addresses, identification numbers, or any personal information linking it to any participant.

SAIF does receive a report from Healthstat that verifies the name of employees, spouses, or domestic partners who have completed the health assessment or biometric screening. This list does not include any protected or private health related information and is used only to verify the incentive program for health benefits.

SAIF will use this anonymous data for planning health prevention and education programs for our employees. The more people who take the health assessment, the more accurate the data will be for creating programs that are appropriate for our general population.

If you have any questions or concerns about the confidentiality of your health assessment, please contact Renae Coombs at [rencoo@saif.com](mailto:rencoo@saif.com) or 503.373.8043.