

2025 COBRA Dental and Vision Rates

Tier	SAIF Dental Premium Rates	COBRA Dental+Vision Base Rates	COBRA Dental+Vision Buy-Up Rates
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Delta Dental

COBRA participant only	\$55.73	\$64.22	\$70.46
COBRA participant + spouse or domestic partner	\$110.29	\$126.18	\$138.70
COBRA participant + child(ren)	\$114.76	\$131.59	\$145.02
COBRA participant + family (includes spouse or domestic partner)	\$174.92	\$201.06	\$222.49

Kaiser DHMO Dental

COBRA participant only	\$106.65	\$116.16	\$122.40
COBRA participant + spouse or domestic partner	\$211.12	\$229.03	\$241.55
COBRA participant + child(ren)	\$219.69	\$238.62	\$252.05
COBRA participant + family (includes spouse or domestic partner)	\$334.83	\$364.17	\$385.60

Kaiser PPO Dental

COBRA participant only	\$53.66	\$62.11	\$68.35
COBRA participant + spouse or domestic partner	\$107.32	\$123.15	\$135.67
COBRA participant + child(ren)	\$96.64	\$113.11	\$126.54
COBRA participant + family (includes spouse or domestic partner)	\$160.98	\$186.84	\$208.27

Willamette Dental

COBRA participant only	\$46.20	\$54.50	\$60.74
COBRA participant + spouse or domestic partner	\$91.45	\$106.97	\$119.48
COBRA participant + child(ren)	\$95.10	\$111.54	\$124.97
COBRA participant + family (includes spouse or domestic partner)	\$145.00	\$170.54	\$191.97

VSP Vision Base	SAIF VSP Premium Rates	SAIF COBRA VSP Premium Rates
COBRA participant only	\$7.23	\$7.37
COBRA participant + spouse or domestic partner	\$13.42	\$13.69
COBRA participant + child(ren)	\$14.25	\$14.54
COBRA participant + family (includes spouse or domestic partner)	\$22.20	\$22.64

VSP Vision Buy-Up	SAIF VSP Premium Rates	SAIF COBRA VSP Premium Rates
COBRA participant only	\$13.35	\$13.62
COBRA participant + spouse or domestic partner	\$25.69	\$26.20
COBRA participant + child(ren)	\$27.42	\$27.97
COBRA participant + family (includes spouse or domestic partner)	\$43.21	\$44.07

Note: Dental and vision benefits are not unbundled. When dental is selected, the retiree and their enrolled dependents will be automatically enrolled in the Vision Service Plan (VSP).