

2024 COBRA Dental and Vision Rates

Tier	SAIF Dental Premium Rates	COBRA Dental+Vision Base Rates	COBRA Dental+Vision Buy-Up Rates
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Delta Dental (1919)

COBRA participant only	\$53.19	\$60.80	\$66.35
COBRA participant + spouse or domestic partner	\$105.26	\$119.52	\$130.64
COBRA participant + child(ren)	\$109.53	\$124.63	\$136.57
COBRA participant + family (includes spouse or domestic partner)	\$166.95	\$190.40	\$209.44

Kaiser DHMO Dental (1816-019)

COBRA participant only	\$108.83	\$117.56	\$123.10
COBRA participant + spouse or domestic partner	\$215.44	\$231.91	\$243.03
COBRA participant + child(ren)	\$224.18	\$241.58	\$253.51
COBRA participant + family (includes spouse or domestic partner)	\$341.67	\$368.62	\$387.65

Kaiser PPO Dental (1816-009)

COBRA participant only	\$54.75	\$62.39	\$67.94
COBRA participant + spouse or domestic partner	\$109.50	\$123.85	\$134.97
COBRA participant + child(ren)	\$98.60	\$113.49	\$125.42
COBRA participant + family (includes spouse or domestic partner)	\$164.25	\$187.65	\$206.68

Willamette Dental (Group #OR223)

COBRA participant only	\$46.20	\$53.67	\$59.22
COBRA participant + spouse or domestic partner	\$91.45	\$105.44	\$116.56
COBRA participant + child(ren)	\$95.10	\$109.92	\$121.85
COBRA participant + family (includes spouse or domestic partner)	\$145.00	\$168.01	\$187.05

VSP Vision Base	SAIF VSP Premium Rates	COBRA VSP Premium Rates
COBRA participant only	\$6.42	\$6.55
COBRA participant + spouse or domestic partner	\$11.92	\$12.16
COBRA participant + child(ren)	\$12.66	\$12.91
COBRA participant + family (includes spouse or domestic partner)	\$19.72	\$20.11

VSP Vision Buy-Up	SAIF VSP Premium Rates	COBRA VSP Premium Rates
COBRA participant only	11.86	\$12.10
COBRA participant + spouse or domestic partner	22.82	\$23.28
COBRA participant + child(ren)	24.36	\$24.85
COBRA participant + family (includes spouse or domestic partner)	38.38	\$39.15

Note: Dental and vision benefits are not unbundled. When dental is selected, the retiree and their enrolled dependents will be automatically enrolled in the Vision Service Plan (VSP).