healthstat
inspiring healthy change

How to complete your online Health Assessment

Dear SAIF employee or covered spouse or domestic partner,

Please complete your Health Assessment by August 31, 2019. Here's how:

1. Log in to healthstathra.info.

2. Enter the **Company ID**: 257.

3. Click on the **Register tab** if:
   - this is your first time visiting or
   - you forgot your password

   Click on the **Login tab** if:
   - you remember your password from last year

4. Enter your **Member ID**. This is your 6-digit Associate ID. Your Associate ID can be found in ADP under Myself, My Information, and Profile. The Associate ID is listed right under your name.
   - **Your Spouse Member ID number** will be the same 6-digit Associate ID number with the addition of "**-1**" at the end. For example, if the Associate ID is 000123, the spouse or domestic partner's Member ID will be **000123-1**.
   - **Your Domestic Partner Member ID number** will be the same 6-digit Associate ID number with the addition of "**-3**" at the end. For example, if the Associate ID is 000123, the spouse or domestic partner's Member ID will be **000123-3**.

5. Complete the remaining fields and click Submit. (When Registering, passwords should be 6-20 characters and an email is required.)

6. Complete the Health Assessment by answering the survey questions.

7. At the end, read the legal disclaimer, check the box, and click on Commit to save your survey answers. If you don't click on Commit, healthstat will not receive your assessment as being complete.

8. Call the SAIF Health and Wellness Center at ext. 8550 to schedule a Know Your Numbers screening for you and your covered spouse or domestic partner. Or, have your numbers taken by your primary care provider.