

Print this file double sided then trim using the crop marks. For best results, print on card stock.

Be seen.

Wear reflective clothing at night every time.



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How quickly do you react?

Ask someone to hold this card about three inches above your thumb and forefinger.



Dangerous

Your reactions are dangerously slow and could cause a crash resulting in death or serious injury.



Terrible

Your reaction time is terrible and means that, when braking, you will take much longer to stop than you should.



Poor

Your reaction time is poor. You would have to stay alert at all times to avoid an accident.



Average

Your reaction time is fair, but don't be complacent, and stay alert at all times.



Excellent

Your reactions are great, but make sure you keep focused at all times.

See how quickly you can catch it.

