

# New to safety?

# Start here

Are you new to safety and not sure where to start? Then this is for you. We have assembled a list of resources to help you get grounded in your new role, including places to get information you need to start and sustain a robust safety program.

## Start with SAIF

We may be just a little biased, but we think we have links to everything you need on our [saif.com](http://saif.com) webpages.

Our Safety and Health page ([saif.com/safety](http://saif.com/safety)) has links to training opportunities and a list of topics. Click on topics and look for the **Be a leader** section, which has everything you need to be successful in a safety role.

## Oregon Occupational Safety and Health Administration (OR OSHA) essentials

OR OSHA is the safety regulator for our state. It's also a great source for training and has a wealth of fact sheets and publications offering guidance on numerous workplace safety topics ([bit.ly/3pBtyXf](http://bit.ly/3pBtyXf)).

## Beyond compliance

There are lots of other resources for those looking to learn more about safety and health. We have put together some of our favorites:

- The American Society of Safety Professionals (ASSP) is a professional society for safety, offering the opportunity to network with others and engage in training ([www.assp.org](http://www.assp.org)).
- The Oregon Institute of Occupational Health Sciences (OIOHS) is at Oregon Health & Science University. Charged with conducting research around occupational safety and health, they also offer outreach and education opportunities ([bit.ly/3pCX6nE](http://bit.ly/3pCX6nE)).
- The National Institute of Occupational Safety & Health (NIOSH) conducts occupational safety and health research and provides numerous publications on workplace safety and health topics ([www.cdc.gov/niosh](http://www.cdc.gov/niosh)).
- WorkSafeBC is the state plan for British Columbia. They have loads of safety and health resources and top-notch videos ([www.worksafebc.com/en](http://www.worksafebc.com/en)).
- Human and Organizational Performance (HOP) and learning teams provide a “new view” of safety. This article provides an introduction; check out the links at the bottom to learn more ([bit.ly/3jmBYPU](http://bit.ly/3jmBYPU)).

