Establish an evaluation system.

Establish a culture of safety.

Implement and sustain an SPHM program.

Incorporate ergonomic design principles for safe care environment.

NIOSH Prevention through Design is a good resource for building sound ergonomics principles into design. cdc.gov/niosh/topics/ptd/

The Oregon Coalition for Healthcare Ergonomics has information for employers to help with this standard. hcergo.org/employers

Gimme A Lift

Slip sheet

To learn more about how to create a safe patient handling and mobility (SPHM) system to help prevent injuries and improve productivity in your workplace, please contact your SAIF safety and health consultant.